

**REGION CROSS COUNTRY REPORT FORM**

Region 4 AA Submitted by: Pete Heaney  
Meet Site: Goodrich Golf Course Phone Number School: ~~402-5081~~ ~~Y02~~  
Length of Course: 5000 Meters Phone Number Home: ~~402-5081~~  
Meet Manager: Pete Heaney

- 1. Number of schools represented in Meet: 15
- 2. Number of teams (5 or more members) entered in Meet: 15
- 3. Total number of entries: 103

**TEAM RESULTS**

SCHOOL NAME	SCORE	SCHOOL NAME	SCORE
1. <u>Mounds View</u>	<u>33</u>	9. <u>Forest Lake</u>	<u>253</u>
2. <u>White Bear Lake</u>	<u>91</u>	10. <u>Centennial</u>	<u>281</u>
3. <u>Stillwater</u>	<u>98</u>	11. <u>Coon Rapids</u>	<u>284</u>
4. <u>Anoka</u>	<u>146</u>	12. <u>Spring Lake Park</u>	<u>320</u>
5. <u>Irondale</u>	<u>162</u>	13. <u>Elk River</u>	<u>337</u>
6. <u>Tartan</u>	<u>164</u>	14. <u>Columbia Heights</u>	<u>354</u>
7. <u>Hill Murray</u>	<u>174</u>	15. <u>Blaine</u>	<u>398</u>
8. <u>North High</u>	<u>200</u>	16. _____	_____

**TEAM QUALIFIERS**

List roster of team(s) to qualify to the State Cross Country Meet:

FIRST PLACE TEAM: Mounds View  
Coach: Ross Fleming

SECOND PLACE TEAM: White Bear Lake  
Coach: Don Glover

Name	Grade	Name	Grade
1. <u>Ken Cooper</u>	<u>12</u>	1. <u>Chris Vitalis</u>	<u>12</u>
2. <u>Mike Crotteau</u>	<u>12</u>	2. <u>Rod Smith</u>	<u>12</u>
3. <u>Kevin Cooper</u>	<u>11</u>	3. <u>Dan Kovacich</u>	<u>12</u>
4. <u>Jason Warren</u>	<u>11</u>	4. <u>Perry Netherland</u>	<u>11</u>
5. <u>Andy Jensen</u>	<u>11</u>	5. <u>Matt Schmid</u>	<u>11</u>
6. <u>Bryan Zmjewski</u>	<u>9</u>	6. <u>Jeremy McGraw</u>	<u>11</u>
7. <u>Jared Weiskopf</u>	<u>9</u>	7. <u>Rauha Rahkola</u>	<u>9</u>

**INDIVIDUAL QUALIFIERS**

List the five individual qualifiers to advance to the State Cross Country Meet:

Name	School	Grade	Place	Time
1. <u>David Helm</u>	<u>Spring Lake Park</u>	<u>12</u>	<u>1</u>	<u>16:31</u>
2. <u>Mike Crotteau</u>	<u>Mounds View</u>	<u>12</u>	<u>2</u>	<u>16:32</u>
3. <u>Ken Cooper</u>	<u>Mounds View</u>	<u>12</u>	<u>3</u>	<u>16:35</u>
4. <u>Tom McCarthy</u>	<u>Stillwater</u>	<u>12</u>	<u>4</u>	<u>16:36</u>
5. <u>Chris Vitalis</u>	<u>White Bear Lake</u>	<u>12</u>	<u>5</u>	<u>16:49</u>

**REGION CROSS COUNTRY RUN  
MEET SUMMARY**

1989

REGION # 4 AA

SITE: Goodrich Golf Course

Place check in appropriate column if runner qualifies as a Team member and/or Individual participant.

**ORDER OF FINISH**

TEAM	IND.	NAME	GRADE	SCHOOL	TIME
	X	1. David Helm	12	Spring Lake Park	16:31
X	X	2. Mike Crotteau	12	Mounds View	16:32
X	X	3. Ken Cooper	12	Mounds View	16:35
	X	4. Tom McCarthy	12	Stillwater	16:36
X	X	5. Chris Vitalis	12	White Bear Lake	16:49
X		6. Bryan Zmjewski	9	Mounds View	16:51
		7. Pete Gerenz	12	Hill Murray	16:53
		8. Andy Broderick	12	Stillwater	16:56
X		9. Jason Warren	11	Mounds View	17:00
		10. Dicky Laska	12	Tartan	17:14
		11. Aaron Drevlow	11	Anoka	17:15
		12. Owen King	12	North	17:16
X		13. Andy Jensen	11	Mounds View	17:17
		14. Tom Goetz	11	Hill Murray	17:18
		15. Paul Mawhorter	12	Stillwater	17:19
		16. Doug Overton	12	Irondale	17:19
		17. Erik Thompson	12	Irondale	17:21
		18. Kenton Whitman	12	Stillwater	17:21
X		19. Dan Kovacich	12	White Bear Lake	17:26
		20. Joe Albrecht	12	Elk River	17:27
X		21. Rauha Rahkola	9	White Bear Lake	17:28
X		22. Matt Schmid	11	White Bear Lake	17:31
		23. John Dahle	12	Anoka	17:34
X		24. Jeremy McGraw	11	White Bear Lake	17:37
		25. Josh Chilton	12	North	17:38
X		26. Kevin Cooper	11	Mounds View	17:39
		27. Marty Ganser	12	Coon Rapids	17:42
X		28. Perry Netherland	11	White Bear Lake	17:42
		29. Richard Tapp	12	Centennial	17:43
X		30. Rod Smith	12	White Bear Lake	17:44
		31. Jared Weiskopf	9	Mounds View	17:45
		32. John Gardiner	11	Tartan	17:45
		33. Wade Lennox	11	Anoka	17:50
		34. Mike Plante	11	Tartan	17:53
		35. Eric Wickberg	12	Anoka	17:58